

# Event Calendar: August 4th - August 7th

Monday	Tuesday			
3 Cardio Workout 4 Art Class: Drawing 5 Connect 4	4	3 Strength & Balance 4 Tech Talk: Smart Home Technology: Entertainment 5 Music Bingo		

Wednesday		Thursday			
3 Mind & Body Workout 4 Share Your Story Interview 5 Discussion: Current Events	6	3 Stretching & Flexibility 4 Tech Talk: Artificial Intelligence: Tools for Work 5 Jeopardy	7		

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WeThriveTogether.org/Warriors
Alyssa@WeThriveTogether.org

## **JOIN AN EVENT**

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https://us02web.zoom.us/j/7776852028

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# **Event Calendar: August 11th - August 14th**

Monday	Tuesday			
3 Cardio Workout 4 Art Class: Painting 5 Caregiver Support Group	11	1 3 Strength & Balance 4 Tech Talk: Smart Home Technology: Safety 5 Let's Play Cards: Euchre	12	

Wednesday			Thursday			
5	Mind & Body Workout Share Your Story Interview Lifelong Learning: Habits of Great Decision Makers	13	3 4 5	Stretching & Flexibility Tech Talk: Artificial Intelligence: Tools for Fun Family Feud	14	

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# Event Calendar: August 18th - August 21st

Monday			Tuesday			
3   Cardio Work 4   Art Class: E		18	3 4 5	Strength & Balance Tech Talk: Smart Home Technology: Convenience Name That Tune		19

Wednesday			Thursday			
<ul> <li>Mind &amp; Body Workout</li> <li>Share Your Story         <ul> <li>Interview</li> <li>Discussion: Kids These</li> <li>Days</li> </ul> </li> </ul>	20	3 4 5	Stretching & Flexibility Tech Talk: Artificial Intelligence: Tools for Work Wheel of Fortune	21		

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# Event Calendar: August 25th - August 28th

Monday	Tuesday			
3 Cardio Workout 4 Art Class: Painting 5 Caregiver Support Group	25	3 Strength & Balance 4 Tech Talk: Smart Home Technology: Health & Wellness 5 Let's Play Cards: Pinochle		

Wednesday			Thursday			
3 4 5	Mind & Body Workout Share Your Story Interview Lifelong Learning: Developing Real Confidence	27	3 4 5	Stretching & Flexibility Tech Talk: Artificial Intelligence: Tools for Fun Crossword Puzzles	28	

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