



Monday			Tuesday		
1	Cardio Workout	4	1	Strength & Balance	5
2	Art Class: Drawing		2	Tech Talk: Smart Home Technology: Entertainment	
3	Connect 4		3	Music Bingo	
Wednesday			Thursday		
1	Mind & Body Workout	6	1	Stretching & Flexibility	7
2	Share Your Story Interview		2	Tech Talk: Artificial Intelligence: Tools for Work	
3	Discussion: Current Events		3	Jeopardy	

**Alyssa@WeThriveTogether.org**

**1-312-626-6799 | Event ID: 777 685 2028**



**WE THRIVE TOGETHER  
WARRIORS**



## **Event Calendar: August 11<sup>th</sup> - August 14<sup>th</sup>**

<b>Monday</b>		<b>Tuesday</b>	
1	Cardio Workout	1	Strength & Balance
2	Art Class: Painting	2	Tech Talk: Smart Home Technology: Safety
3	Caregiver Support Group	3	Let's Play Cards: Euchre
<b>Wednesday</b>		<b>Thursday</b>	
1	Mind & Body Workout	1	Stretching & Flexibility
2	Share Your Story Interview	2	Tech Talk: Artificial Intelligence: Tools for Fun
3	Lifelong Learning: Habits of Great Decision Makers	3	Family Feud

### **LEARN MORE**

**[WeThriveTogether.org/Warriors](https://www.wethrive.together.org/warriors)**

**[Alyssa@WeThriveTogether.org](mailto:Alyssa@WeThriveTogether.org)**

### **JOIN AN EVENT**

**Join by computer/tablet/smartphone:**

**<https://us02web.zoom.us/j/7776852028>**

**Join by phone:**

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**WE THRIVE TOGETHER  
WARRIORS**



## Event Calendar: **August 18<sup>th</sup> - August 21<sup>st</sup>**

<b>Monday</b>		<b>Tuesday</b>	
1	Cardio Workout	1	Strength & Balance
2	Art Class: Drawing	2	Tech Talk: Smart Home Technology: Convenience
3	Hangman	3	Name That Tune
<b>Wednesday</b>		<b>Thursday</b>	
1	Mind & Body Workout	1	Stretching & Flexibility
2	Share Your Story Interview	2	Tech Talk: Artificial Intelligence: Tools for Work
3	Discussion: Kids These Days	3	Wheel of Fortune

### **LEARN MORE**

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**WE THRIVE TOGETHER  
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## **Event Calendar: August 25<sup>th</sup> - August 28<sup>th</sup>**

<b>Monday</b>		<b>Tuesday</b>	
1	Cardio Workout	1	Strength & Balance
2	Art Class: Painting	2	Tech Talk: Smart Home Technology: Health & Wellness
3	Caregiver Support Group	3	Let's Play Cards: Pinochle
<b>Wednesday</b>		<b>Thursday</b>	
1	Mind & Body Workout	1	Stretching & Flexibility
2	Share Your Story Interview	2	Tech Talk: Artificial Intelligence: Tools for Fun
3	Lifelong Learning: Developing Real Confidence	3	Crossword Puzzles

### **LEARN MORE**

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**[Alyssa@WeThriveTogether.org](mailto:Alyssa@WeThriveTogether.org)**

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