



August 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
		  <p>WE THRIVE TOGETHER WARRIORS</p>						1	
2 Cardio Workout 3 Art Class: Drawing 4 Connect 4		2 Strength & Balance 3 Tech Talk: Smart Home Technology: Entertainment 4 Music Bingo		2 Mind & Body Workout 3 Share Your Story Interview 4 Discussion: Current Events		2 Stretching & Flexibility 3 Tech Talk: Artificial Intelligence: Tools for Work 4 Jeopardy		8	
2 Cardio Workout 3 Art Class: Painting 4 Caregiver Support Group		2 Strength & Balance 3 Tech Talk: Smart Home Technology: Safety 4 Let's Play Cards: Euchre		2 Mind & Body Workout 3 Share Your Story Interview 4 Lifelong Learning: Habits of Great Decision Makers		2 Stretching & Flexibility 3 Tech Talk: Artificial Intelligence: Tools for Fun 4 Family Feud		15	
2 Cardio Workout 3 Art Class: Drawing 4 Hangman		2 Strength & Balance 3 Tech Talk: Smart Home Technology: Convenience 4 Name That Tune		2 Mind & Body Workout 3 Share Your Story Interview 4 Discussion: Kids These Days		2 Stretching & Flexibility 3 Tech Talk: Artificial Intelligence: Tools for Work 4 Wheel of Fortune		22	
2 Cardio Workout 3 Art Class: Painting 4 Caregiver Support Group		2 Strength & Balance 3 Tech Talk: Smart Home Technology: Health & Wellness 4 Let's Play Cards: Pinochle		2 Mind & Body Workout 3 Share Your Story Interview 4 Lifelong Learning: Developing Real Confidence		2 Stretching & Flexibility 3 Tech Talk: Artificial Intelligence: Tools for Fun 4 Crossword Puzzles		29	