



August 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
		  <p>WE THRIVE TOGETHER WARRIORS</p>						1	
3 Cardio Workout 4 Art Class: Drawing 5 Connect 4		3 Strength & Balance 4 Tech Talk: Smart Home Technology: Entertainment 5 Music Bingo		3 Mind & Body Workout 4 Share Your Story Interview 5 Discussion: Current Events		3 Stretching & Flexibility 4 Tech Talk: Artificial Intelligence: Tools for Work 5 Jeopardy		8	
3 Cardio Workout 4 Art Class: Painting 5 Caregiver Support Group		3 Strength & Balance 4 Tech Talk: Smart Home Technology: Safety 5 Let's Play Cards: Euchre		3 Mind & Body Workout 4 Share Your Story Interview 5 Lifelong Learning: Habits of Great Decision Makers		3 Stretching & Flexibility 4 Tech Talk: Artificial Intelligence: Tools for Fun 5 Family Feud		15	
3 Cardio Workout 4 Art Class: Drawing 5 Hangman		3 Strength & Balance 4 Tech Talk: Smart Home Technology: Convenience 5 Name That Tune		3 Mind & Body Workout 4 Share Your Story Interview 5 Discussion: Kids These Days		3 Stretching & Flexibility 4 Tech Talk: Artificial Intelligence: Tools for Work 5 Wheel of Fortune		22	
3 Cardio Workout 4 Art Class: Painting 5 Caregiver Support Group		3 Strength & Balance 4 Tech Talk: Smart Home Technology: Health & Wellness 5 Let's Play Cards: Pinochle		3 Mind & Body Workout 4 Share Your Story Interview 5 Lifelong Learning: Developing Real Confidence		3 Stretching & Flexibility 4 Tech Talk: Artificial Intelligence: Tools for Fun 5 Crossword Puzzles		29	