



August 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
		  <p>WE THRIVE TOGETHER WARRIORS</p>						1	
12 Cardio Workout 1 Art Class: Drawing 2 Connect 4		12 Strength & Balance 1 Tech Talk: Smart Home Technology: Entertainment 2 Music Bingo		12 Mind & Body Workout 1 Share Your Story Interview 2 Discussion: Current Events		12 Stretching & Flexibility 1 Tech Talk: Artificial Intelligence: Tools for Work 2 Jeopardy		8	
12 Cardio Workout 1 Art Class: Painting 2 Caregiver Support Group		12 Strength & Balance 1 Tech Talk: Smart Home Technology: Safety 2 Let's Play Cards: Euchre		12 Mind & Body Workout 1 Share Your Story Interview 2 Lifelong Learning: Habits of Great Decision Makers		12 Stretching & Flexibility 1 Tech Talk: Artificial Intelligence: Tools for Fun 2 Family Feud		15	
12 Cardio Workout 1 Art Class: Drawing 2 Hangman		12 Strength & Balance 1 Tech Talk: Smart Home Technology: Convenience 2 Name That Tune		12 Mind & Body Workout 1 Share Your Story Interview 2 Discussion: Kids These Days		12 Stretching & Flexibility 1 Tech Talk: Artificial Intelligence: Tools for Work 2 Wheel of Fortune		22	
12 Cardio Workout 1 Art Class: Painting 2 Caregiver Support Group		12 Strength & Balance 1 Tech Talk: Smart Home Technology: Health & Wellness 2 Let's Play Cards: Pinochle		12 Mind & Body Workout 1 Share Your Story Interview 2 Lifelong Learning: Developing Real Confidence		12 Stretching & Flexibility 1 Tech Talk: Artificial Intelligence: Tools for Fun 2 Crossword Puzzles		29	