



August 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
		  <p>WE THRIVE TOGETHER WARRIORS</p>						1	
5 Cardio Workout 6 Art Class: Drawing 7 Connect 4		5 Strength & Balance 6 Tech Talk: Smart Home Technology: Entertainment 7 Music Bingo		5 Mind & Body Workout 6 Share Your Story Interview 7 Discussion: Current Events		5 Stretching & Flexibility 6 Tech Talk: Artificial Intelligence: Tools for Work 7 Jeopardy		8	
5 Cardio Workout 6 Art Class: Painting 7 Caregiver Support Group		5 Strength & Balance 6 Tech Talk: Smart Home Technology: Safety 7 Let's Play Cards: Euchre		5 Mind & Body Workout 6 Share Your Story Interview 7 Lifelong Learning: Habits of Great Decision Makers		5 Stretching & Flexibility 6 Tech Talk: Artificial Intelligence: Tools for Fun 7 Family Feud		15	
5 Cardio Workout 6 Art Class: Drawing 7 Hangman		5 Strength & Balance 6 Tech Talk: Smart Home Technology: Convenience 7 Name That Tune		5 Mind & Body Workout 6 Share Your Story Interview 7 Discussion: Kids These Days		5 Stretching & Flexibility 6 Tech Talk: Artificial Intelligence: Tools for Work 7 Wheel of Fortune		22	
5 Cardio Workout 6 Art Class: Painting 7 Caregiver Support Group		5 Strength & Balance 6 Tech Talk: Smart Home Technology: Health & Wellness 7 Let's Play Cards: Pinochle		5 Mind & Body Workout 6 Share Your Story Interview 7 Lifelong Learning: Developing Real Confidence		5 Stretching & Flexibility 6 Tech Talk: Artificial Intelligence: Tools for Fun 7 Crossword Puzzles		29	