



August 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
		  <p>WE THRIVE TOGETHER WARRIORS</p>						1	
4 Cardio Workout 5 Art Class: Drawing 6 Connect 4		4 Strength & Balance 5 Tech Talk: Smart Home Technology: Entertainment 6 Music Bingo		4 Mind & Body Workout 5 Share Your Story Interview 6 Discussion: Current Events		4 Stretching & Flexibility 5 Tech Talk: Artificial Intelligence: Tools for Work 6 Jeopardy		8	
4 Cardio Workout 5 Art Class: Painting 6 Caregiver Support Group		4 Strength & Balance 5 Tech Talk: Smart Home Technology: Safety 6 Let's Play Cards: Euchre		4 Mind & Body Workout 5 Share Your Story Interview 6 Lifelong Learning: Habits of Great Decision Makers		4 Stretching & Flexibility 5 Tech Talk: Artificial Intelligence: Tools for Fun 6 Family Feud		15	
4 Cardio Workout 5 Art Class: Drawing 6 Hangman		4 Strength & Balance 5 Tech Talk: Smart Home Technology: Convenience 6 Name That Tune		4 Mind & Body Workout 5 Share Your Story Interview 6 Discussion: Kids These Days		4 Stretching & Flexibility 5 Tech Talk: Artificial Intelligence: Tools for Work 6 Wheel of Fortune		22	
4 Cardio Workout 5 Art Class: Painting 6 Caregiver Support Group		4 Strength & Balance 5 Tech Talk: Smart Home Technology: Health & Wellness 6 Let's Play Cards: Pinochle		4 Mind & Body Workout 5 Share Your Story Interview 6 Lifelong Learning: Developing Real Confidence		4 Stretching & Flexibility 5 Tech Talk: Artificial Intelligence: Tools for Fun 6 Crossword Puzzles		29	