



August 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
		  <p>WE THRIVE TOGETHER WARRIORS</p>						1	
1 Cardio Workout 2 Art Class: Drawing 3 Connect 4		4		1 Strength & Balance 2 Tech Talk: Smart Home Technology: Entertainment 3 Music Bingo		5		1 Mind & Body Workout 2 Share Your Story Interview 3 Discussion: Current Events	
6		7		8		1 Stretching & Flexibility 2 Tech Talk: Artificial Intelligence: Tools for Work 3 Jeopardy			
1 Cardio Workout 2 Art Class: Painting 3 Caregiver Support Group		11		1 Strength & Balance 2 Tech Talk: Smart Home Technology: Safety 3 Let's Play Cards: Euchre		12		1 Mind & Body Workout 2 Share Your Story Interview 3 Lifelong Learning: Habits of Great Decision Makers	
13		14		15		1 Stretching & Flexibility 2 Tech Talk: Artificial Intelligence: Tools for Fun 3 Family Feud			
1 Cardio Workout 2 Art Class: Drawing 3 Hangman		18		1 Strength & Balance 2 Tech Talk: Smart Home Technology: Convenience 3 Name That Tune		19		1 Mind & Body Workout 2 Share Your Story Interview 3 Discussion: Kids These Days	
20		21		22		1 Stretching & Flexibility 2 Tech Talk: Artificial Intelligence: Tools for Work 3 Wheel of Fortune			
1 Cardio Workout 2 Art Class: Painting 3 Caregiver Support Group		25		1 Strength & Balance 2 Tech Talk: Smart Home Technology: Health & Wellness 3 Let's Play Cards: Pinochle		26		1 Mind & Body Workout 2 Share Your Story Interview 3 Lifelong Learning: Developing Real Confidence	
27		28		29		1 Stretching & Flexibility 2 Tech Talk: Artificial Intelligence: Tools for Fun 3 Crossword Puzzles			